

LoSSRaceFixtures

27th June

Horndon 10K

Venue: The Old School, Horndon-on-the-Hill

Start: 11:00 am

Other Info: The event takes place during the annual 'feast and fayre'. The course comprises of a lap and loop through the village and onto country roads.

Cost: £8.00 affiliated, £10.00 non-affiliated

Entry forms: <http://www.peterjane.co.uk/h10k/eform.pdf>

Web Info: <http://www.highongarcharity10k.co.uk/>

4th July

High Ongar 10K

Venue: High Ongar Village Hall, Mill Lane, High Ongar CM5 9RN

Start: 11.00am

Other Info: The High Ongar 10K is a popular, well established charity running race held near the ancient market town of Chipping Ongar. The route is traffic free mainly rural lanes..

Cost: £10.00 affiliated, £12.00 non affiliated, £3.00 extra on the day.

On-line entry: <http://www.stclare-hospice.co.uk/runentry.html>

Web Info: <http://www.highongarcharity10k.co.uk/>

9th July (Friday)

Great Bentley 5 Mile

Venue: Great Bentley Village Hall, Great Bentley

Start: 7:30pm

Other Info: The course is fast, flat and accurately marked., and is run on mainly quiet, country roads

Cost: £6.00 affiliated, £8.00 non affiliated, £2.00 extra on the day -

Entry forms: http://www.gbrc.org.uk/GBRC_5.htm

Web Info: <http://www.gbrc.org.uk/clubraces.htm>

12th July

Thundersley TCC 5K & 10K

Race cancelled

18th July

Thrift Green Trotters 10K

Venue: Herongate Football Club, Billericay Road, Ingrave. CM13 3PS

Start: 11:00am

Other Info: An exact 10 kilometres of undulating country roads, scenic and fairly traffic free

Cost: £8.00 affiliated, £10.00 non-affiliated, £2.00 extra on the day -

On-line entry:

https://www.clubsonline.com.au/eventsregform/index.cfm?fuseaction=display_event_detail&EventID=4178&OrgID=4037

Web Info: <http://www.thriftgreentrotters.co.uk/Trotters10K/10KIntro.php>

25th July

Harlow 10M

Venue: Near Mark Hall School, First Avenue, Harlow, Essex CM17 9LR

Start: 9:30am

Other Info: A fast, gently undulating course on quiet country lanes and traffic free cycle tracks

Cost: £10.00 affiliated, £12.00 non-affiliated, £1.00 extra on the day.

On-line entry: <http://www.runnersworld.co.uk/> (available shortly)

Web Info: <http://www.thehrc.org.uk/harlow10.htm>

Other fixture dates for your diaries

4th Oct - Southend 10K - - <http://www.southendracess.co.uk/>

17th October - Leigh-on-Sea Striders 10K